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# LIFE FALL SEMESTER groups

LIFEGROUP GUIDE | FALL SEMESTER | 2025

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# Welcome to our LifeGroup Fall Semester!

Welcome to Life Group Fall Season 2025!

Unsure about joining a group this semester? We encourage you to go ahead and take the plunge and give it a try! Whether in-person or virtual, our favorite thing about Life Groups is that they turn friends into family as we grow together in the Lord. We believe that joining together with a community of believers creates an atmosphere where we can find freedom together. We encourage you to find a group, get involved and invite others to be a part as well. There is no greater time than now to know God, find freedom, discover purpose, and make a difference!

Blessings,

*Pastor Scotty Dingen*

# WEST LOGAN CAMPUS

## Sunday Groups

### SUNDAY MORNING PRAYER

**Time:** 8:15am

**Location:** Sanctuary

**Group Leader:** Pastor Scotty

Join us on Sunday mornings at 8:15am for a time of prayer before the 9:00am service.

### HEALTHY SUNDAYS

**Time:** After 11am Service, Once a Month

**Location:** Varies

**Group Leader:** Tika Jones & Keri Workman

This group is to educate individuals about hypertension and other health related issues. In this group, individuals will primarily learn about hypertension, cardiovascular disease, diabetes, tobacco cessation, healthy recipes, significance of sleep, and the importance of physical activity. If you are diagnosed or struggling with any topic listed above or you are interested in maintaining/preventing health complications, then this group is for you! Everyone who joins will also receive a free blood pressure cuff.

### TACO BOUT JESUS

**Time:** TBA on Select Sundays

**Location:** Church Kitchen

**Group Leader:** Bud & Brandi Vance

Come and join the Vances for a short devotion and cooking some of their favorite foods Mexican cuisine!

# Sunday Groups

## MOMMY MENTORS

**Time:** Between Services on Select Sundays TBA

**Location:** TBA

**Group Leader:** Judy Logan & Anitra Ellis

A group for moms to come and share openly about the challenges of motherhood. Mothers will be assigned a mentor/mentee and keep contact throughout the semester. All mothers in the group will meet on select Sundays throughout the semester for prayer in between services.

## VOLLEYBALL

**Time:** 6:00pm

**Location:** Church Gym

**Group Leader:** Jamie & Valerie Sparks

**Targeted Audience:** Ages 12-Adult

Come out and join us for a short devotional and some volleyball.

## BATTLING THE STORMS

**Time:** 5pm on Select Sunday Evenings

**Location:** 2<sup>nd</sup> Floor Classroom in Gym Building

**Group Leader:** Jaimie & Wes Adkins

"Battling the Storms" is about courageously facing life's challenges, learning from them, and ultimately emerging stronger and wiser.

## YOUTH SELF DEFENSE

**Time:** 4:00pm

**Location:** 3<sup>rd</sup> Floor of Gym

**Group Leader:** Danny Crum & Caleb Browning

A faith-based group that combines practical self-defense through jiu-jitsu for kids 5 to 11 with the spiritual strength of God's Word. Each session blends hands-on training for personal safety with Scripture study and discussion, equipping both body and spirit to stand strong in life's battles.

# Monday Groups

## CROCHETING WITH DEE 2.0

**Time:** 6:00pm

**Location:** Church Gym

**Group Leader:** Dee Hawkins

Some crochet experience preferred. Each person will need their own supplies.

## WALKING WITH JESUS

**Time:** 5:30pm

**Location:** Chief Logan State Park, Parking Lot Next to Museum

**Group Leader:** Valerie Robinson

Each week we will walk and talk about Jesus and life as we enjoy fellowship with one another and admire the beauty of God's creation – all while burning some calories! (Dependent upon the weather)

## TRIVIA NIGHT

**Time:** 6:00PM

**Location:** 2<sup>ND</sup> Floor Classroom in Gym

**Group Leader:** Gwen Deskins

Have a blast with the Bible! Enjoy playing a game of Bible Trivia and having fun while learning more about the word.

# Tuesday Groups

## THE KITCHEN

**Time:** 9:00am

**Location:** Church Kitchen

**Group Leader:** Kristen Dingess

Looking for a way to give back to your community? This is your group! Each Tuesday, join us in the kitchen as we prepare a meal for the homeless in the town of Logan and or prepare food for other causes or groups. Whether you are a "cook" or not, you have a place!

## OUR LUNCH & OUR LORD

**Time:** 12:20-12:50pm, Tuesdays AND Fridays

**Location:** Coalfield Health

**Group Leader:** Anitra Ellis

**Targeted Audience:** Coalfield Health Employees

Join us for lunch as we share testimonies prayers and short devotions on Tuesdays and Fridays.

## WEST VIRGINIA HIKING

**Time:** 5:30pm

**Location:** Chief Logan State Park

**Group Leader:** Pastor Sherman and Shatika Jones

Join us as we hike the local trails of Chief Logan State Park weekly. These hikes consist of trails that are rated easy to moderate and require some climbing. This group will also have some BONUS days! We will also be taking 4 Saturday day trips around West Virginia to explore different areas of our state. This semester our day trips will consist of hiking at Panther State Forest (Aug 30), Kanawha State Forest (Sept 13), New River National Park (Oct 11), and The North Bend Rail Trail (Nov 15).

# Tuesday Groups

## RELEASE MY GRIP

**Time:** 7:00pm

**Location:** Next Steps Classroom (Classroom in Gym)

**Group Leader:** Hailey Quick & MiMi Browning

**Targeted Audience:** Empty Nesters or Parents of Young Adult Children

Hope for a parent's heart as kids leave the nest and learn to fly. We will discover how this time can be fertile ground for deepening your relationship with Jesus. We will gain practical tools we need to help us pause, reflect, and capture the words on our hearts during this journey.

## PURPOSE

**Time:** 7:00pm

**Location:** 3<sup>rd</sup> Floor of Gym

**Group Leader:** Matt Carter

This life group is about growing closer to the Lord on a personal level and a group level. Each week, each person will pray and choose a scripture or scriptures to help lead and share a 5 minute or less devotion the following week. EVERYONE IS NOT REQUIRED to speak, although it is recommended. Matt and Jodi will be available to help you when you need it during the week. This life group is great for those that feel they need to share the word, plans to be in teaching or going into ministry, OR just want to draw closer to the Lord. We will also have a special prayer in this group every week. Refreshments will be provided every week. Allow God to lead you!!!! BECOME.

\*\*Group is limited to 12 sign ups



# Wednesday Groups

## KINGS KIDS

**Time:** 6:30-8:00pm

**Location:** Gym

**Group Leader:** Crystal Meade & Gwen Deskins

**Targeted Audience:** Children aged 4-11

Yet another opportunity to pour into the lives of our tiniest disciples! This time together is packed with fun, games, prizes, and most importantly, God's Word.

## MOMMY & ME CRAFTING

**Time:** 6:30-8:00pm, Last Wednesday of the Month

**Location:** Church Gym

**Group Leader:** Roxy & Kelsey Gore

**Targeted Audience:** Children aged 4-11

Children aged 4-11 Join Kelsey and Roxy for a special crafting project the last Wednesday of every month during Kings Kids. Must register with limited registration.

## WEST LOGAN STUDENT MINISTRY

**Time:** 6:30-8:00pm

**Location:** Teen Sanctuary, Youth Center 3rd Floor

**Group Leader:** Pastor Cory and Billie Robinson

**Targeted Audience:** Middle School and High School Students

Come join our teens at West Logan Church for fun, games, connections, all while we grow together spiritually!

## STUDENT WORSHIP NIGHT

**Time:** 6:30-8:00pm, Last Wednesday of the Month

**Location:** Teen Sanctuary, Youth Center 3rd Floor

**Group Leader:** Pastor Cory and Billie Robinson

**Targeted Audience:** Middle School and High School Students

Join Pastors Billie & Cory and the Teen Worship students for a short word and an evening of worship on the last Wednesday of each month. Different guest speakers will also deliver a devotion throughout the semester

# Wednesday Groups

## BIBLE STUDY: JESUS – THE HIGH ROAD LEADER

**Time:** 6:30pm

**Location:** Main Sanctuary

**Group Leader:** Pastors Scotty & Kristen Dingess

The most important words Jesus ever spoke were, “Follow me.” But how are we to follow him in a divided world with so much bitterness, anger, and hate? How can we love God and love our neighbor as ourselves? We can do it the same way Jesus did: by taking the high road! In the Sermon on the Mount, Jesus told people to love their enemies, turn the other cheek, and go the extra mile. What he said can be summed up this way: “Take the high road.” That’s the road Jesus took. He was a high-road leader. Every step of Jesus’ walk on earth was on the high road. In this Bible Study, we will immerse ourselves in the life of Jesus and learn from His example how we can also take that same path.

## STANDING

**Time:** 6:30pm

**Location:** Church Basement Classroom

**Group Leader:** Judy Logan

**Targeted Audience:** Students 12-18

After you’ve done all you can, you just STAND. In life we all have different storms and trials that we may face, it is important to know the steps of STANDING in your faith during this time. Join Judy on Wednesday on-site at West Logan Church.

## WOMENS’ WEDNESDAYS

**Time:** 6:40pm

**Location:** West Logan Christian Academy Chapel Room

**Group Leader:** Anitra Ellis, Misha Cunningham, Jaimie Adkins, & Chasity Kennedy

Back again for another exciting life group for women led by women. Come together to discuss the Word and how we can apply it best in our lives as moms, daughters, wives and leaders in our homes and community. Food at 6:40pm lesson starts shortly after.

# Wednesday Groups

## FREEDOM TO SERVE

**Time:** 6:30pm

**Location:** Second Floor of Gym

**Group Leader:** Mark Vance, Drew Martin, & Wes Adkins

**Targeted Audience:** Men & Women

Life as you know it may never be the same. No matter where you are in your faith journey, this curriculum will challenge you to take a step toward truth—about God, about faith, and about yourself.

It is for freedom that Christ set us free. Jesus Himself said that He came to the earth so that we may have life and have it to the full ( John 10:10). Just imagine that: Life abundant. Not barely surviving, but truly living. It means days filled with hope, joy, and purpose. This is the kind of life God always intended for you to have. God wants a relationship with you, and He sent his son, Jesus, to bridge the gap between earth and heaven so you could know Him. The journey may not be easy, but it will be rewarding. During this semester, you will be the one who decides how far you are willing to go to find freedom. Here is a promise from Jeremiah 29:13: If you seek Him with your whole heart, you will find Him. The pursuit of Freedom begins today.

This group will also plan three serve days in September, October and November.

# Thursday Groups

## SELF DEFENSE

**Time:** 6:00pm

**Location:** 3<sup>rd</sup> Floor of Gym

**Group Leader:** Danny Crum

**\*\*JiuJitsu for Self-Defense: A Practical and Empowering Class for the Church Community\*\***

Welcome to our JiuJitsu for Self-Defense class, designed specifically for members of our church community! This class focuses on teaching practical, effective, and non-violent techniques to help you protect yourself and your loved ones in real-life situations. Rooted in the principles of Brazilian JiuJitsu (BJJ), this program emphasizes leverage, technique, and control over brute strength, making it accessible for individuals of all ages, sizes, and fitness levels.

Join us and take the first step toward becoming more confident, capable, and prepared to face life's challenges with grace and strength!

## STUDY OF THE BOOK OF REVELATION & END TIMES

**Time:** 7:00pm

**Location:** Online

**Group Leader:** Jack Logan

Join us for an online study on Revelation, the end times, and what we are seeing in our world today.

## NOW WHAT? A CLASS FOR NEW CONVERTS

**Time:** 6:00pm

**Location:** Next Steps Room

**Group Leader:** Diana Adams

This small group is for those who are new to the faith in Jesus Christ. It will provide a safe space to ask questions and a supportive setting to explore Christianity's basics, deepen biblical understanding, and build relationships. Discover ways to grow in your relationship with God: explore your faith, connect with others, and experience God's Word.

# Friday Groups

## 6:19 FITNESS

**Time:** 6:00pm

**Location:** 3<sup>RD</sup> Floor of Gym

**Group Leader:** Samantha Carter

A group for novice and expert workout enthusiasts. We will gather and enjoy a mixture of Pilates and plyometric exercises in the Lords name and strengthen our community in health while also strengthen bonds with one another!

## GOSPEL & GAME NIGHT

**Time:** 7:00pm

**Location:** Chapel Room at West Logan Christian Academy

**Group Leader:** Sabrina & DJ Conley

Come enjoy food, fellowship, devotion, and a competitive spirit. Each week, there will be a devotion and an opportunity to speak about how good our savior is. After that, join us for some fun and food as we play an assortment of board games, Kahoot, and more! All board games and activities will be appropriate.

# Other Groups

## "ANTIQUERS

**Time:** One Saturday a Month, TBA

**Location:** TBA

**Group Leader:** Shatika Jones & Dorothy Stapleton

Join us for a morning devotion and an exciting trip to an antique shop or an estate sale. You will learn how to research, assess, and determine the efficacy of antiques and other items. If you are a history buff, looking for a new project, want to decorate your home, love collectables, or just enjoy antiques then this group is for you!

## NEW MORNING MERCIES

**Time:** Every Morning

**Location:** Virtual

**Group Leader:** Courtney Pritchard

Mornings can be tough. Sometimes, a hearty breakfast and a strong cup of coffee just aren't enough. Offering more than a rush of caffeine, best-selling author Paul David Tripp wants to energize you with the most potent encouragement imaginable: the Gospel. Forget "behavior modification" or feel-good aphorisms. Tripp knows that what we really need is an encounter with the living God. Then we'll be prepared to trust in God's goodness, rely on his grace, and live for his glory each and every day.

## WAKING UP WITH THE WORD – TEEN EDITION

**Time:** Every Morning

**Location:** Virtual

**Group Leader:** Daphne Ellis

**Targeted Audience:** Middle School Students

A place for middle schoolers to start their day discussing the word of God. Different topics for different challenges that middle schoolers may face in their walk with God or topics to strengthen their walk.

# Other Groups

## GOLF

**Time:** TBA

**Location:** TBA

**Group Leader:** Joe Ellis

We will meet for prayer and a round of golf various times throughout the semester. Contact Joe Ellis on facebook for more information. Each individual golfer will be responsible for paying fees associated with golfing activities.

## WOMEN WARRIORS OF GOD

**Time:** TBA

**Location:** TBA

**Group Leader:** Diana Adams

Women in the Bible that were obedient to God, they interceded for their families and the people as Esther did. In this life group you will learn about these women and their positioning in the right time and place by God to win the battle. We will meet in various locations at varying times.

# CONNECTION POINT CAMPUS

## WEDNESDAY FELLOWSHIP

**Day:** Every Wednesday

**Time:** 5:30pm

**Location:** Church Fellowship Hall

**Group Leader:** Kim Kilgore-Means

Everyone welcome

Come and dine with us every Wednesday before Bible Study!

## WEDNESDAY NIGHT BIBLE STUDY

**Day:** Wednesday

**Time:** 6:30pm

**Location:** Connection Point Sanctuary

Come and enjoy a word from various leaders each week on various topics.

## ON POINT YOUTH

**Day:** Wednesday

**Time:** 6:30pm

**Location:** Connection Point Sanctuary

**Group Leader:** Rich & Olivia Anderson

Bible study, games, and more for the youth during the Wednesday night bible study for adults.

## WORKOUT WEDNESDAY

**Day:** Wednesday

**Time:** Following Wednesday Night Bible Study

**Location:** Planet Fitness

**Group Leader:** Pastor Zach Anderson

After working on our spiritual person in Bible Study on Wednesdays, join us at Planet Fitness as we work on the outward person!



## CONNECT & EXPLORE

**Day:** Every Other Thursday

**Time:** TBA

**Location:** Various Locations

**Group Leader:** Rachel Means

Calling parents to come and “Connect” while kids “Explore!” Every other Thursday this group will meet at various playgrounds and locations. The goal is for parents to meet and have discussions while kids play and enjoy each other's company.

## DINNER AND DISCUSSION

**Day:** Thursday

**Time:** 6:00pm

**Location:** Local Restaurants

**Group Leader:** Pastor Zach

Come and join us for a good meal and good discussion. Led by Pastor Zach at different locations to be announced prior to the meetings.

## WILD & WONDERFUL OUTDOORS

**Day:** TBA, Once a Month

**Time:** TBA

**Location:** Various Locations

**Group Leader:** Jon Booher

To encourage people to grow in their relationship with God as they experience Him through nature, outdoor activities, practicing God's Word and through camaraderie with other sportsmen and believers

# Life Groups Q & A

## Why should I get involved in a Life Group?

We believe that the church is a product of the relationships of the people within it. Believers can find themselves reaching new levels in the Lord as they experience the friendship, accountability, support and community that can be found in Life Groups.

## Who can attend?

Everyone! Church membership is not required and we welcome your friends and family outside of West Logan Church to join us as well.

## What can I expect when I attend Life Group?

Life Groups model the beginning of the church as found in Acts 2:42-47. Each group will have time for the following:

- Teaching (bible studies, DVDs, books devotions, etc.)

- Fellowship

- Breaking of Bread (meals/snacks are enjoyed by most)

- Prayer

- Care

## How are Life Groups structured?

Everyone is different: we all have our own unique interests and personalities. Our Life Groups are just as unique as we are! Groups may be structured by gender, stage of life, age, interest or topic. Our Life Groups range from support groups, to Bible Studies, to Bowling and groups for mothers and their children.

# **Life Groups Q & A**

## **(cont.)**

### **How often are Life Groups offered?**

Life groups occur in two semesters: Spring and Fall. Each semester lasts anywhere 13 weeks and will break during the summer months. Each semester is short enough that is not a life commitment and just long enough to make some friends!

### **Can I sign up after the semester begins?**

Absolutely! We realize that you may be looking to join a connect group once the groups have begun. Space is always available!

### **What if the group I attend isn't the right fit for me?**

No problem! Everyone has different personalities and different tastes. We want your experience with Life Groups to be a positive one and that may mean trying one or two groups before you find the right fit. If you would like to change your group assignment you may contact the church office or Pastor Anitra Ellis.

### **How do I get more information and/or a referral to a specific group that is right for me?**

You may either contact the church office at 304-752-6695, call or text Pastor Anitra Ellis at 304-688-1894, or check out our LifeGroup sign up days on Sunday mornings in the weeks prior the start of each semester.

