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**LIFE** **SPRING SEMESTER**  
**groups**

**LIFEGROUP GUIDE | SPRING  
SEMESTER | 2025**

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# Welcome to our LifeGroup Spring Semester!

Welcome to Life Groups 2025!

Unsure about joining a group this semester? We encourage you to go ahead and take the plunge and give it a try! Whether in-person or virtual, our favorite thing about Life Groups is that they turn friends into family as we grow together in the Lord. We believe that joining together with a community of believers creates an atmosphere where we can find freedom together. We encourage you to find a group, get involved and invite others to be a part as well. There is no greater time than now to know God, find freedom, discover purpose, and make a difference!

Blessings,

*Pastor Scotty Dingers*

# WEST LOGAN CAMPUS

## Sunday Groups

### SUNDAY MORNING PRAYER

**Time:** 8:15am

**Location:** Sanctuary

**Group Leader:** Pastor Scotty

Join us on Sunday mornings at 8:15am for a time of prayer before the 9:00am service.

### KIDS' CHOIR

**Time:** Between Services

**Location:** Sanctuary

**Group Leader:** Dena Miller, Kelsey Gore, & Tony Bell

Does your child love singing? Do they have a heart for worship? Then they would be a great member of our Kids Choir at West Logan Church! This group is open to ages 6-12. We will meet to practice bi-weekly on Sundays in between services in the sanctuary. We look forward to growing our young worshippers in this group!

### FIRE & FAITHFULNESS

**Time:** 1:00pm, Select Sundays

**Location:** West Logan Christian Academy

**Group Leader:** Tiffany Thompson

**Targeted Audience:** Middle School Girls Grades 5-8

We live in a world that doesn't care what God wants. Sure, they may not say it that way, but the messages that parade across social media declare that God's way just isn't worth it. In this four-session series with Sadie Robertson Huff, discover the lost art of faithfulness in the face of a world that wants nothing to do with God. Trek through the story of four young Israelites who, when ripped from their homes, faced a choice: remain faithful followers in a foreign land or bow before an empire that hated God.

# Sunday Groups

## GOLF

**Time:** 3:00pm, Every Other Week

**Location:** Logan Country Club

**Group Leader:** Matt Shrewsbury

Join us for a word and a round of golf every other Sunday. On the off weeks, golfers may meet at a local driving range. Each individual golfer will be responsible for paying fees associated with golfing activities.

## HEALTHY SUNDAYS

**Time:** 1:30pm

**Location:** Downstairs Classroom in Gym

**Group Leader:** Tika Jones & Keri Workman

**Targeted Audience:** People with high blood pressure or pre-hypertension

This group is to educate individuals about hypertension. Individuals will learn how to pray about their heart health, what hypertension is, how to properly monitor blood pressure, interpret blood pressure readings accurately, signs/symptoms of hypertension, complications of hypertension, and dietary approaches to stop hypertension. Cardiovascular disease is the number one killer nationwide. We believe that prevention/maintenance are key ways to help Logan County residents combat cardiovascular disease. Each person will receive a free blood pressure cuff to use throughout the group!

## COME HUNGRY

**Time:** 4:00pm

**Location:** Church Kitchen

**Group Leader:** Cherith Altizer

This life group will meet every other week in the church kitchen at 4:00. We will prepare a recipe together and share kitchen tips. and also explore how the Bible uses food and sharing meals together to spread the Gospel. We'll finish each session enjoying whatever masterpiece we've created. \*Each session will vary in length depending upon the recipe.

# Sunday Groups

## VOLLEYBALL

**Time:** 6:00pm

**Location:** Church Gym

**Group Leader:** Joe Ellis & Jamie Sparks

**Targeted Audience:** Ages 12-Adult

Come out and join us for a short devotional and some volleyball.

## DREAM TEAM: A MARRIAGE GROUP

**Time:** 6:00-8:00pm, Once a Month

**Location:** Church Gym

**Group Leader:** Joe & Anitra Ellis

The marriage team is the best team that God designed! Join us for a short devotion, food and GAMES! One Sunday a month with some childcare available.

# Monday Groups

## YOU ARE NOT ALONE

**Time:** 4:00-5:30pm

**Location:** West Logan Christian Academy Chapel Room

**Group Leader:** Valerie Robinson

**Targeted Audience:** Students 5<sup>th</sup>-9<sup>th</sup> Grades

Based on the book You Are Not Alone by Jennie Allen, join Mrs. Robinson for a study teaching important lessons in faith. In this life group, students will combine the bible and art to engage students' creativity and curiosity while learning to overcome anxious thoughts and learning to believe what is true!

## TRAIL LIFE

**Time:** 5:00pm, 1<sup>st</sup> & 3<sup>rd</sup> Monday of the Month

**Location:** Camp Chief Logan, Chapmanville

**Group Leader:** Jamie Hall & Barry Carter

This is a Christian based organization (similar to Boy Scouts) that focuses on character and spiritual development of young men ages of 5 and up through adventure and the outdoors. Initial class will meet in one group and will then divide into age groups each week after that. This group will meet on the 1st and 3rd Mondays of the month.

## CROCHETING WITH DEE

**Time:** 6:00pm

**Location:** Church Gym

**Group Leader:** Dee Hawkins

Beginner crochet class will learn basic crochet stitches and learn to read written patterns. Each person will need 1 skein of worsted weight yarn in the color of their choosing and 1 crochet hook size J.

# Tuesday Groups

## THE KITCHEN

**Time:** 9:00am

**Location:** Church Kitchen

**Group Leader:** Kristen Dingess

Looking for a way to give back to your community? This is your group! Each Tuesday, join us in the kitchen as we prepare a meal for the homeless in the town of Logan and or prepare food for other causes or groups. Whether you are a "cook" or not, you have a place!

## THE GRIEF DILEMMA

**Time:** 6:00pm

**Location:** Gym Classroom

**Group Leader:** Joey Justice

Grief is a result of a fallen world. Our hope in Jesus gives us a different response to the grief we experience. Together, we will explore the reality of grief and the biblical response to our pain.



# Wednesday Groups

## GIRL TALK

**Time:** After School

**Location:** West Logan Christian Academy Chapel Room

**Group Leader:** Daphne Ellis

Let's go girls! Join us immediately after school on Wednesdays for some girl talk. As young women it is important for us to learn to get along and talk about the things we face. Life is always better together. We will also have a short devotion snack and craft.

## TEEN WORSHIP

**Time:** 5:30pm

**Location:** Sanctuary

**Group Leader:** Dena Miller & Kelsey Gore

**Targeted Audience:** Students 12-18

This group is open to ages 12-18. We will meet Wednesdays 5:30pm-6:30pm in the sanctuary. We will work on the basics of our instruments and singing while learning what it means to worship.

## JUNIOR TALENT

**Time:** 5:30-6:30pm

**Location:** Kids Sanctuary

**Group Leader:** Lynsay Akers

**Targeted Audience:** Students 7-12 years old

Junior Talent has been one of the most exciting and rewarding programs sponsored by the International Church of God Youth Department. This program has been a means of leading students in recognizing and developing their abilities, preparing them for the Teen Talent program, and directing them toward reaching their fullest potential for Christ. Each participant must be 7 to 12 years old within the calendar year (January 1 - December 31) of the Junior Talent Competition year. Competition categories include art, bible, creative writing, drama, music, & multimedia and countless subcategories. Parents, please bring yourself & interested children to 2nd floor of gym on 2/12 @ 6:30PM for a brief meeting! THIS IS ONLY A HALF SEMESTER GROUP! Only 4 sessions so attendance is imperative: 2/26, 3/5, 3/12, & 3/19. (Competition 3/22)

# Wednesday Groups (cont)

## SPEAKING LIFE: AFFIRMING OUR IDENTITY IN CHRIST

**Time:** 5:45pm – 6:30pm, Every other Wednesday

**Location:** Classroom in Gym

**Group Leader:** Katie Murray

**Targeted Audience:** Ages 16-Adult

Our words have POWER, and it's time to start speaking life over ourselves! This life group will be centered on biblical affirmations and deepening participants' understanding of their identity in Christ through Scripture. In this group, we learn how to affirm the truth of who we are in Christ and remind each other of God's promises and the power of His Word in shaping our lives.

## MOMMY & ME CRAFTING

**Time:** 6:30-8:00pm, Last Wednesday of the Month

**Location:** Church Gym

**Group Leader:** Roxy & Kelsey Gore

**Targeted Audience:** Children aged 4-11

Children aged 4-11 Join Kelsey and Roxy for a special crafting project the last Wednesday of every month during Kings Kids. Must register with limited registration.

## KINGS KIDS

**Time:** 6:30-8:00pm

**Location:** Gym

**Group Leader:** Crystal Meade & Gwen Deskins

**Targeted Audience:** Children aged 4-11

Yet another opportunity to pour into the lives of our tiniest disciples! This time together is packed with fun, games, prizes, and most importantly, God's Word.

# Wednesday Groups (cont.)

## BOOK OF JAMES

**Time:** 6:30-8:00pm,

**Location:** Sanctuary

**Group Leader:** Pastors Scotty & Sherman

Come for a deep study on the book of James.

## WEST LOGAN STUDENT MINISTRY

**Time:** 6:30-8:00pm

**Location:** Teen Sanctuary, Youth Center 3rd Floor

**Group Leader:** Pastor Cary and Billie Robinson

**Targeted Audience:** Middle School and High School Students

Come join our teens at West Logan Church for fun, games, connections, all while we grow together spiritually!

## STANDING

**Time:** 6:30pm

**Location:** Downstairs Classroom of Church Building

**Group Leader:** Judy Logan

After you've done all you can, you just STAND. In life we all have different storms and trials that we may face, it is important to know the steps of STANDING in your faith during this time. Join Judy on Wednesday on-site at West Logan Church.

# Wednesday Groups (cont.)

## WOMENS' WEDNESDAYS

**Time:** 6:40pm

**Location:** West Logan Christian Academy Chapel Room

**Group Leader:** Anitra Ellis, Misha Cunningham, Jaimie Adkins, & Chasity Kennedy

Back again for another exciting life group for women led by women. Come together to discuss the Word and how we can apply it best in our lives as moms, daughters, wives and leaders in our homes and community. Food at 6:40pm lesson starts shortly after.

## PASSING THE MANTLE

**Time:** 7:00pm

**Location:** Downstairs Classroom of Church Building

**Group Leader:** Mark Vance & Drew Martin

Passing the Mantle - Come join us for a study on the ministry of Elijah and then the ministry of Elisha as the great prophet Elijah passes his work for the Lord on to Elisha. In addition to this great Bible study we will explore opportunities to mentor others in the areas that we have been called to.

## MENS' BASKETBALL

**Time:** 7:45pm

**Location:** Youth Center Gym

**Group Leader:** Chase & Chance Maynard

Come out to the Men's Basketball Life Group! We will meet each Wednesday for a short devotion, fellowship, exercise and healthy competition.

# Thursday Groups

## GOD HONORING HEALTH

**Time:** 6:00pm

**Location:** West Logan Christian Academy Chapel Room

**Group Leader:** Amber Sparks

If you've been trying to "start your diet tomorrow" for a year, this group is for you! In this group, we will meet once a week for devotion, encouragement, and accountability. We will share healthy recipes, learn to make self-controlled and Spirit-led lifestyle choices, and space and weather allowing, incorporating light cardio or workouts.

## THE HURT & THE HEALER

**Time:** 6:30pm, every other Thursday

**Location:** Downstairs Classroom in Gym

**Group Leader:** DJ & Sabrina Conley

This group will focus on healing through sharing stories and testimonies of surviving trauma and disease. This group is focused on strengthening each other and helping others to heal and speak about what our Healer has done for us. This group is open to everyone.

"For I consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us." Romans 8:18 (NKJV)

## STUDY OF THE BOOK OF REVELATION & END TIMES

**Time:** 7:00pm

**Location:** Online

**Group Leader:** Jack Logan

Join us for an online study on Revelation, the end times, and what we are seeing in our world today.

# Thursday Groups (cont.)

## SELF DEFENSE

**Time:** 6:00pm

**Location:** 3<sup>rd</sup> Floor of Gym

**Group Leader:** Darryl Crum

**\*\*JiuJitsu for Self-Defense: A Practical and Empowering Class for the Church Community\*\***

Welcome to our JiuJitsu for Self-Defense class, designed specifically for members of our church community! This class focuses on teaching practical, effective, and non-violent techniques to help you protect yourself and your loved ones in real-life situations. Rooted in the principles of Brazilian JiuJitsu (BJJ), this program emphasizes leverage, technique, and control over brute strength, making it accessible for individuals of all ages, sizes, and fitness levels.

Join us and take the first step toward becoming more confident, capable, and prepared to face life's challenges with grace and strength!

# Friday Groups

## EXTRAORDINARY PARENTS: PARENTING CHILDREN WITH SPECIAL NEEDS

**Time:** 6:30pm, First Friday each month

**Location:** Gym

**Group Leader:** Abbie Wallace

**Targeted Audience:** Parents of special needs children

If you are the parent or caregiver of a child with special needs, you know how isolating it can be. You may feel alone, confused, afraid, or exhausted, but we are all in this together. Our Heavenly Father is in it with us, too. We can all relate to feeling like we don't belong, that no one gets the brokenness we feel inside, and that no one could understand our pain. Join us as we come together to support one another and journey through the Bible to learn that our children are exactly who they are meant to be. There is nothing like the support of other special needs parents.

# Other Groups

## G.L.A.D. (GAINING LIFE AFTER DIVORCE)

**Time:** TBA

**Location:** TBA

**Group Leader:** *Kasie White*

For women who are or may be currently going through a divorce. No matter if you are still single, or remarried, your story may help encourage others. We mostly communicate online, in our fb messenger group, and we try to meet up in person once a month for a girl's night out. Dates, places, and times will be announced. Sign up, you'll be GLAD you did.

## HOLY ROLLERS

**Time:** TBA

**Location:** TBA

**Group Leader:** *Chuck Sparks & Paul Workman*

**Targeted Audience:** *Motorcycle and/or Trike Owners or Enthusiasts*

Love Jesus? Love motorcycling? Then this group is the one you're looking for. This group will meet a couple times throughout the life group season with dates and destinations TBD. All makes, models, or experience of riders welcomed.

## WOMEN WARRIORS OF GOD

**Time:** TBA

**Location:** TBA

**Group Leader:** *Diana Adams*

Women in the Bible that were obedient to God, they interceded for their families and the people as Esther did. In this life group you will learn about these women and their positioning in the right time and place by God to win the battle. We will meet in various locations at varying times.

# CONNECTION POINT CAMPUS

## GOLF

**Day:** Vary between Mondays or Tuesdays

**Time:** TBA

**Location:** Various Local Golf Courses

**Group Leader:** Pastor Zach

Join Pastor Zach as we hit the links each week for a great time of exercise, discussion, and repentance as we work on our golf game!

## FREEDOM

**Day:** Wednesday

**Time:** 6:30pm

**Location:** Connection Point Sanctuary

**Group Leader:** Dr. Anitra Ellis

**Targeted Audience:** Ages 16 and Up

Life as you know it may never be the same. No matter where you are in your faith journey, this curriculum will challenge you to take a step toward truth—about God, about faith, and about yourself.

It is for freedom that Christ set us free. Jesus Himself said that He came to the earth so that we may have life and have it to the full ( John 10:10). Just imagine that: Life abundant. Not barely surviving, but truly living. It means days filled with hope, joy, and purpose. This is the kind of life God always intended for you to have. God wants a relationship with you, and He sent his son, Jesus, to bridge the gap between earth and heaven so you could know Him. The journey may not be easy, but it will be rewarding. During this semester, you will be the one who decides how far you are willing to go to find freedom. Here is a promise from Jeremiah 29:13: If you seek Him with your whole heart, you will find Him. The pursuit of Freedom begins today



## WALKING WITH JESUS

**Day:** Thursday

**Time:** 6:00pm

**Location:** Meet in Connection Point Parking Lot

**Group Leader:** Kim Means

Each week we will walk and talk about Jesus and life. Enjoy the fellowship and admire the beauty of God's creation as we walk and burn some calories! (Dependent upon the weather)

## DINNER AND DISCUSSION

**Day:** Thursday

**Time:** 6:30pm

**Location:** Local Restaurants

**Group Leader:** Pastor Zach

A time for deep discussion, reflection, as well as talking about the goings on of our own worlds! We will meet at a different restaurant each week.

## LET'S \$AVE

**Day:** Thursday

**Time:** 6:00pm

**Location:** Virtual / Connection Point Downstairs

**Group Leader:** Alberta Kincaid

Finding ways to share savings, coupons, smart shopping methods, recipe exchange, and meal planning!

## LADIES CHAT

**Day:** First Friday of the Month

**Time:** 6:00pm

**Location:** Residence of Linda Allen

**Group Leader:** Linda Allen

Join us as we meet together to talk about life and the Lord as we build community with each other! If you have any questions, contact Linda McCauley Allen on Facebook!

## COFFEE & CANDY

**Day:** Select Fridays and/or Sunday Evenings

**Time:** TBA

**Location:** Connection Point Kitchen

**Group Leader:** Alberta Kincaid

Gather for coffee & fellowship as we make Easter candy at the church. GROUP WILL BEGIN FEBRUARY 20th/21st.

# Life Groups Q & A

## Why should I get involved in a Life Group?

We believe that the church is a product of the relationships of the people within it. Believers can find themselves reaching new levels in the Lord as they experience the friendship, accountability, support and community that can be found in Life Groups.

## Who can attend?

Everyone! Church membership is not required and we welcome your friends and family outside of West Logan Church to join us as well.

## What can I expect when I attend Life Group?

Life Groups model the beginning of the church as found in Acts 2:42-47. Each group will have time for the following:

**Teaching** (bible studies, DVDs, books devotions, etc.)

**Fellowship**

**Breaking of Bread** (meals/snacks are enjoyed by most)

**Prayer**

**Care**

## How are Life Groups structured?

Everyone is different: we all have our own unique interests and personalities. Our Life Groups are just as unique as we are! Groups may be structured by gender, stage of life, age, interest or topic. Our Life Groups range from support groups, to Bible Studies, to Bowling and groups for mothers and their children.

# Life Groups Q & A (cont.)

## How often are Life Groups offered?

Life groups occur in two semesters: Spring and Fall. Each semester lasts anywhere 13 weeks and will break during the summer months. Each semester is short enough that is not a life commitment and just long enough to make some friends!

## Can I sign up after the semester begins?

Absolutely! We realize that you may be looking to join a connect group once the groups have begun. Space is always available!

## What if the group I attend isn't the right fit for me?

No problem! Everyone has different personalities and different tastes. We want your experience with Life Groups to be a positive one and that may mean trying one or two groups before you find the right fit. If you would like to change your group assignment you may contact the church office or Pastor Anitra Ellis.

## How do I get more information and/or a referral to a specific group that is right for me?

You may either contact the church office at 304-752-6695, call or text Pastor Anitra Ellis at 304-688-1894, or check out our LifeGroup sign up days on Sunday mornings in the weeks prior the start of each semester.

