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# LIFE SPRING SEMESTER groups

LIFEGROUP GUIDE | SPRING  
SEMESTER | 2026

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# Welcome to our LifeGroup Spring Semester!

Welcome to Life Group Spring Season 2026!

Unsure about joining a group this semester? We encourage you to go ahead and take the plunge and give it a try! Whether in-person or virtual, our favorite thing about Life Groups is that they turn friends into family as we grow together in the Lord. We believe that joining together with a community of believers creates an atmosphere where we can find freedom together. We encourage you to find a group, get involved and invite others to be a part as well. There is no greater time than now to know God, find freedom, discover purpose, and make a difference!

Blessings,

*Pastor Scotty Dingen*

# Sunday Groups

## SUNDAY MORNING PRAYER

**Time:** 8:15am

**Location:** Sanctuary

**Group Leader:** Pastor Scotty

Join us on Sunday mornings at 8:15am for a time of prayer before the 9:00am service.

## WOMEN'S BRAZILIAN JIUJITSU

**Time:** 2:30PM

**Location:** 3<sup>RD</sup> floor of Gym Building

**Group Leader:** Christi Layne

Come out for a short devotion and self defense class for women only. Good for your spirit soul and body. **There will be a cost of \$20 a month for this group.**

## MADE BY HAND

**Time:** 5pm on Select Sundays

**Location:** Church Gym

**Group Leaders:** Jaimie Adkins, Mandy Trent, Kim Ellis, Kayla Dingess

Made by Hand is a creative LifeGroup where we gather to slow down and grow together through crafting. We'll enjoy finger-knitting throw blankets, journaling, and other hands-on crafts while letting God weave the pieces of our lives together. As our hands create, our hearts open to reflection, connection, and faith-filled community. No crafting experience needed—just willing hands and open hearts.

# Sunday Groups

## MOMMY MENTORS

**Time:** Between Services on Select Sundays TBA

**Location:** TBA

**Group Leader:** Judy Logan & Anitra Ellis

A group for moms to come and share openly about the challenges of motherhood. Mothers will be assigned a mentor/mentee and keep contact throughout the semester. All mothers in the group will meet on select Sundays throughout the semester for prayer in between services.

## GIRL TALK

**Time:** 5:00pm

**Location:** Downstairs Classroom in Church Basement

**Group Leader:** Daphne Ellis

**Targeted Audience:** Teenage Girls

We live in an information-saturated world – but what we really need to navigate this complex, challenging life, is wisdom. In this five-part series, Stephen Foster turns to the book of Proverbs to uncover timeless truth we can apply to our everyday lives as we depend on the power of the Holy Spirit and look to the example of Jesus, God most wise.

## WAR ROOM

**Time:** 5:30pm

**Location:** Downstairs Classroom in Church Basement

**Group Leader:** Mark Vance and Drew Martin

We will have a weekly prayer devotional by someone in the group and we will teach several prayer models as well as have a time to pray every week the group is open to anyone and will be held in a classroom off the church gym

# Sunday Groups

## GIRL MOMS

**Time:** 5pm

**Location:** Sanctuary

**Group Leader:** Anitra Ellis

**Targeted Audience:** Mothers of Teenage Girls

The years of motherhood are paved with both tears of triumph and struggle. Our hearts and minds are tangled up in learning to love ourselves and the children God gifted us. We know who we were before kids, but who are we now?

Oftentimes we find ourselves overwhelmed, lonely, and lost. Our struggles are common to all moms, and each season of motherhood holds new opportunities and challenges. This twelve-session series from Gather Moms seeks to express the things you're feeling so that you know you are not alone. There is joy and victory in surrendering our struggles to Jesus and asking him for the power to keep going.

We will meet at the same time our girls meet to discuss girl mom things and pray over them.

## GIRLS' NIGHT IN

**Time:** 5:00pm

**Dates:** 2/1, 3/8, 4/19

**Location:** Quick Residence, Mitchell Heights

**Group Leader:** Hailey Quick and Cherith Altizer

Girls Night In is a relaxed, once-a-month gathering for women who enjoy good company, simple crafts, and plenty of conversation. We'll meet at Hailey's house to create something fun, snack together, and catch up—no pressure, no perfection required. A supply list will be shared ahead of time so you'll know exactly what to bring, and everything else is just about showing up and enjoying a cozy night in with friends.

# Monday Groups

## BRAZILIAN JIUJITSU

**Time:** 6:00pm

**Days:** Mondays and Thursdays

**Location:** 3<sup>rd</sup> Floor of Church Gym

**Group Leader:** Bobby Bailey

**Targeted Audience:** Men, Ages 16 & Up

Welcome to our JiuJitsu class, designed specifically for members of our church community! Rooted in the principles of Brazilian JiuJitsu (BJJ), this program emphasizes leverage, technique, and control over brute strength. Join us and take the first step toward becoming more confident, capable, and prepared to face life's challenges with grace and strength! **This group has a cost of \$45 per month.**

## CHRIST WITH CRAFTS & SNACKS

**Time:** 5:30pm

**Location:** Downstairs Classroom in Church Basement

**Group Leader:** Ally Browning and Ali Maynard

A cozy, beginner-friendly Bible study for anyone wanting to understand God's Word better. This class is geared toward newer Christians and those who feel overwhelmed or unsure about reading the Bible on their own. Together, we'll walk through the Book of John, reading, learning, and sharing the discernments God gives us throughout the week. While studying Gods word we will enjoy snacks & after review we will finish up with a bible craft!

## THE GARDEN

**Time:** 6:30pm

**Location:** Sanctuary

**Group Leader:** Branson Gore

For people of all ages who really want to go deeper into God's presence in their worship and prayer life. Join us as we mirror the moment in the Garden of Gethsemane as Jesus prayed through the pressure as the anointing, the oil, and His purpose flowed out of him.

# Tuesday Groups

## IRON SHARPENS IRON

**Time:** 7:30am

**Location:** Main Street Co., Logan

**Group Leader:** Pastor Scotty

**Targeted Audience:** Men

Grab a coffee and join us every at Main Street Co. in downtown Logan for a time of connection and conversation. Each week, we'll dig into a thought-provoking scripture and talk about how it applies to everyday life. Come as you are—let's grow together and sharpen one another!

## THE KITCHEN

**Time:** 9:00am

**Location:** Church Kitchen

**Group Leader:** Kristen Dingess

Looking for a way to give back to your community? This is your group! Each Tuesday, join us in the kitchen as we prepare a meal for the homeless in the town of Logan and or prepare food for other causes or groups. Whether you are a "cook" or not, you have a place!

## HOLDING THE LINE-PARENTING TEENS & ADULTS

**Time:** 6:30pm

**Location:** Downstairs Classroom in Church Basement

**Group Leader:** Bev McDonald and Judy Logan

**Targeted Audience:** Parents of Teens & Adults

This adult life group is designed for parents of teenagers and young adult children who are navigating the joys, challenges, and uncertainties of this season of life. Together, we will grow in faith through Scripture-based discussion, prayer, and mutual encouragement. This group provides a safe and supportive space to share experiences, seek biblical wisdom, strengthen spiritual resilience, and remain anchored in God's promises while parenting through transition, independence, and change. All parents are welcome—whether your journey is marked by peace, struggle, or somewhere in between.



# Wednesday Groups

## HANDS THAT SPEAK (SIGN LANGUAGE)

**Time:** 5:45-6:30pm EVERY OTHER WEDNESDAY

**Location:** Kids Sanctuary, 2nd Floor of Gym Building

**Group Leader:** Tiffany Thompson and Mandy Trent

This class is about learning sign language, but it's also about purpose. We believe our hands can speak love, truth, peace, and worship when they are placed in God's hands. As we learn together, we invite God to establish the work of our hands for His glory." Group begins 2/4.

## KINGS KIDS

**Time:** 6:30-8:00pm

**Location:** Kids Sanctuary, 2nd Floor of Gym Building

**Group Leader:** Crystal Meade & Gwen Deskins

**Targeted Audience:** Children aged 4-11

Yet another opportunity to pour into the lives of our tiniest disciples! This time together is packed with fun, games, prizes, and most importantly, God's Word.

## WEST LOGAN STUDENT MINISTRY

**Time:** 6:30-8:00pm

**Location:** Teen Sanctuary, Youth Center 3rd Floor

**Group Leader:** Pastor Cory and Billie Robinson

**Targeted Audience:** Middle School and High School Students

Come join our teens at West Logan Church for fun, games, connections, all while we grow together spiritually!

## STUDENT WORSHIP NIGHT

**Time:** 6:30-8:00pm, Last Wednesday of the Month

**Location:** Teen Sanctuary, Youth Center 3rd Floor

**Group Leader:** Pastor Cory and Billie Robinson

**Targeted Audience:** Middle School and High School Students

Join Pastors Billie & Cory and the Teen Worship students for a short word and an evening of worship on the last Wednesday of each month. Different guest speakers will also deliver a devotion throughout the semester

# Wednesday Groups

## BIBLE STUDY

**Time:** 6:30pm

**Location:** Main Sanctuary

**Group Leader:** Mark Vance

Get deeper in the Word alongside like minded believers! Come as you are!

## STANDING

**Time:** 6:30pm

**Location:** Church Basement Classroom

**Group Leader:** Judy Logan

After you've done all you can, you just STAND. In life we all have different storms and trials that we may face, it is important to know the steps of STANDING in your faith during this time. Join Judy on Wednesday on-site at West Logan Church.

## WOMENS' WEDNESDAYS

**Time:** 6:40pm

**Location:** West Logan Christian Academy Chapel Room

**Group Leader:** Anitra Ellis, Misha Cunningham, Jaimie Adkins, & Chasity Kennedy

Back again for another exciting life group for women led by women. Come together to discuss the Word and how we can apply it best in our lives as moms, daughters, wives and leaders in our homes and community. Food at 6:40pm lesson starts shortly after.

## YOU ARE CALLED

**Time:** 6:30pm

**Location:** Middle Office , 2<sup>nd</sup> Floor of Gym (Office Wing)

**Group Leader:** Pastor Sherman

Discover your God-given gifts to fulfill your purpose using John Bever's newest book, "You are Called." **Group Limit of 10**

# Thursday Groups

## BRAZILIAN JIUJITSU

**Time:** 6:00pm

**Days:** Mondays and Thursdays

**Location:** 3<sup>rd</sup> Floor of Church Gym

**Group Leader:** Bobby Bailey

**Targeted Audience:** Men, Ages 16 & Up

Welcome to our JiuJitsu class, designed specifically for members of our church community! Rooted in the principles of Brazilian JiuJitsu (BJJ), this program emphasizes leverage, technique, and control over brute strength, making it accessible for individuals of all ages, sizes, and fitness levels.

Join us and take the first step toward becoming more confident, capable, and prepared to face life's challenges with grace and strength! **This group has a cost of \$45 per month.**

## STUDY OF THE BOOK OF REVELATION & END TIMES

**Time:** 7:00pm

**Location:** Online

**Group Leader:** Jack Logan

Join us for an online study on Revelation, the end times, and what we are seeing in our world today.

## PARABLES OF JESUS

**Time:** 7:00pm

**Location:** Carter Residence, Mitchell Heights

**Group Leader:** Matt and Jodi Carter

The Parables of Jesus is a Bible Study Life Group that dives deeper into the teachings of Jesus Christ. We are looking for 10 dedicated people to join together in study and discussion each week. During the life group season we will meet weekly on every Thursday evening, and we will give insight and have an open discussion on the parable or parables we studied for that week. We will meet, eat, fellowship and learn from the greatest teacher of all time, Jesus Christ. **Limit of 10 People.**

# Thursday Groups

## BECOMING A P31

**Time:** 5:30pm

**Location:** Downstairs Classroom in Church Building

**Group Leader:** Layla Adkins

**Targeted Audience:** Women, Ages 18 -25

Becoming a P31 is a sweet, faith-filled life group for young women who desire to grow closer to Jesus and become disciples who fear the Lord. Together, we'll walk through Scripture, pray, encourage one another, and learn what it truly means to live as a Proverbs 31 woman—rooted in grace, strength, and faith. This is a gentle space to grow spiritually, deepen your relationship with Christ, and blossom into the woman God created you to be.

# Fri/Sat Groups

## GOSPEL & GAME NIGHT

**Time:** Fridays, 7:00pm

**Location:** Kids Sanctuary, 2<sup>nd</sup> Floor of Gym Building

**Group Leader:** Sabrina & DJ Conley

Come enjoy food, fellowship, devotion, and a competitive spirit. Each week, there will be a devotion and an opportunity to speak about how good our savior is. After that, join us for some fun and food as we play an assortment of board games, Kahoot, and more! All board games and activities will be appropriate.

## KARAOKE NIGHT

**Time:** 7pm, One Friday Each Month TBA

**Location:** 3<sup>rd</sup> Floor of Gym Building

**Group Leader:** Casey & Kelsey Gore

Turn up the volume for a night full of music, laughter, and fun! Karaoke Nights happens one Friday a month at 7:00 PM in the youth room above the gym, and it's all about fun, friendship, and a positive atmosphere. Sing your favorite songs or perform with friends—no talent required! Just bring your energy, your favorite jams, and get ready for an unforgettable night!

## THE VISITING CIRCLE

**Time:** TBA

**Location:** Various Facilities

**Group Leader:** Morgan Bryant

We'll come together one Saturday each month to visit local nursing homes and spend time loving on our elders through prayer, conversation, music, acts of kindness and giving, and simply being present with them however the spirit leads you. This group is about serving others while building community with one another along the way. Dates and times will be coordinated with group members. "Pure religion and undefiled before God the Father is this: to visit the fatherless and widows in their affliction, and to keep oneself unspotted from the world." James 1:27

# Other Groups

## GOLF

**Time:** TBA

**Location:** TBA

**Group Leader:** Doug Williamson

We will meet for prayer and a round of golf various times throughout the semester. Each individual golfer will be responsible for paying fees associated with golfing activities.

## DATE NIGHTS

**Time:** One Saturday a month, time TBA

**Location:** TBA

**Group Leader:** Jamie and Dee Hawkins

Date night is your opportunity to create intentional time to connect, communicate, grow, and deepen your relationship with God. Take the time to invest in the heart of your family.

## "ANTIQUERS"

**Time:** One Saturday a Month, TBA

**Location:** TBA

**Group Leader:** Shatika Jones & Dorothy Stapleton

Join us for a morning devotion and an exciting trip to an antique shop or an estate sale. You will learn how to research, assess, and determine the efficacy of antiques and other items. If you are a history buff, looking for a new project, want to decorate your home, love collectables, or just enjoy antiques then this group is for you!

# Life Groups Q & A

## Why should I get involved in a Life Group?

We believe that the church is a product of the relationships of the people within it. Believers can find themselves reaching new levels in the Lord as they experience the friendship, accountability, support and community that can be found in Life Groups.

## Who can attend?

Everyone! Church membership is not required and we welcome your friends and family outside of West Logan Church to join us as well.

## What can I expect when I attend Life Group?

Life Groups model the beginning of the church as found in Acts 2:42-47. Each group will have time for the following:

**Teaching** (bible studies, DVDs, books devotions, etc.)

**Fellowship**

**Breaking of Bread** (meals/snacks are enjoyed by most)

**Prayer**

**Care**

## How are Life Groups structured?

Everyone is different: we all have our own unique interests and personalities. Our Life Groups are just as unique as we are! Groups may be structured by gender, stage of life, age, interest or topic. Our Life Groups range from support groups, to Bible Studies, to Bowling and groups for mothers and their children.

# Life Groups Q & A (cont.)

## How often are Life Groups offered?

Life groups occur in two semesters: Spring and Fall. Each semester lasts anywhere 13 weeks and will break during the summer months. Each semester is short enough that is not a life commitment and just long enough to make some friends!

## Can I sign up after the semester begins?

Absolutely! We realize that you may be looking to join a connect group once the groups have begun. Space is always available!

## What if the group I attend isn't the right fit for me?

No problem! Everyone has different personalities and different tastes. We want your experience with Life Groups to be a positive one and that may mean trying one or two groups before you find the right fit. If you would like to change your group assignment you may contact the church office or Pastor Anitra Ellis.

## How do I get more information and/or a referral to a specific group that is right for me?

You may either contact the church office at 304-752-6695, call or text Pastor Anitra Ellis at 304-688-1894, or check out our LifeGroup sign up days on Sunday mornings in the weeks prior the start of each semester.